



Colegio Ciudad Educativa
Educación parvularia, básica y media
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Chillán

“Vocabulary about food”

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Curso	7° Básico A (Patricia Fuentes) 7° Básico B (Paulina Pereira)	Fecha máxima de envío o entrega	25 de Septiembre de 2020
Objetivo de aprendizaje:	Relacionar el vocabulario relativo a la vida saludable con su rutina diaria a través de actividades de observación, asociación y compleción.		
Instrucciones:	Lea las instrucciones de cada Item y complete las actividades con letra clara y ordenada. COMPLETE SU NOMBRE Y CURSO EN CADA HOJA y en la primera escriba su correo electrónico y/o Instagram. Envíe fotografías de su trabajo resuelto a la profesora correspondiente, tenga cuidado de que la imagen sea clara y en posición vertical. I FOTO POR HOJA . Revise el Instagram del Teacher Arol (@teacher_arol) para resolver dudas en el video explicativo.		

Name: _____ Grade: _____

Instagram: _____ E-mail: _____

UNIT 2 LESSON 1

ÚTILES RECOMENDADOS:

- Texto del estudiante 7° básico.
- Cuaderno de inglés o 2 hojas en blanco.
- Lápiz grafito y goma.



Name: _____ Grade: _____

Activities

1. Observe the images and answer the questions.

- Observa las imágenes y responde las preguntas.



- a) What are they? _____
- b) What do they represent? _____
- c) What food items can you identify? Write them.

2. Match the names, the descriptions and the pictures about food.

- Asocia el nombre, la descripción y la imagen correspondiente.

<p>1. Healthy Food</p> <p>2. Unhealthy Food</p>	<p>___ Food that is high in calories from sugar or fat, with little dietary fiber.</p>	
	<p>___ Food to be good for you because it does not contain artificial chemicals or much sugar or fat.</p>	

3. Mark the food item writing H for healthy food and U for unhealthy food.

- Marca el alimento con H si es saludable y U si es no saludable.

HAMBURGER	SOUP	BREAKFAST	OMELETTE	APPLE PIE	A SODA



Name: _____ Grade: _____

4. Read the text below and underline all the food items you can find.

- Lee el texto y subraya todas las palabras relacionadas con alimentos que puedas encontrar.

My Daily Routine



My name is Sergei. I'm fourteen years old. I always wake up at 7 o'clock every day except Sunday. I do morning exercises. I wash, clean my teeth, and comb my hair. Then I have breakfast. In the mornings I like to eat fried eggs or omelette, cheese sandwich and to drink tea. It takes me 10 minutes to get to school. My lessons begin at 8.30. At 2 o'clock the lessons are over. I usually have six or seven lessons a day. I return home at 2 o'clock and have rest. I watch TV and play computer games. I have lunch at 3 o'clock. For lunch, I usually eat some soup, fried or mashed potatoes with cutlets and a piece of cake with a cup of tea for dessert. Occasionally, after doing my homework I go for a walk with my friends. In the evening, I go to the gym. My training lasts for an hour. Dinner consists of fish, meat or chicken, vegetables or some salad and an apple pie. After dinner I read books, newspapers and magazines, chat with friends on the phone. At 10 o'clock I take a shower, brush my teeth and go to bed.

Frequency Adverbs

Always: *Siempre*
Usually: *Usualmente*
Occasionally: *Ocasionalmente*

Text taken and adapted from: <https://en.islcollective.com/english-esl-worksheets/search/healthy+and+unhealthy+food>

5. Read the text again and complete the table below with the food Sergei eats for the different meals of the day.

- Lee el texto nuevamente y completa la tabla con los alimentos que Sergei consume para las diferentes comidas del día.

Breakfast	Lunch	Dinner



Name: _____ Grade: _____

6. Complete the charts with a healthy menu of your choice.

- Completa las tablas con un menú saludable de tu elección.

Choose your favorite day of the week:

Monday Thursday
 Tuesday Friday Wednesday
 Saturday Sunday

7. Complete the timetable with your daily routine. Use Segei's routine to help you

- Completa el horario con tu rutina diaria. Usa la rutina de Sergei de ayuda.



My day		
8:00	I wake up	15:00
9:00		16:00
10:00		17:00
11:00		18:00
12:00		19:00
13:00		20:00